

November Newsletter

Message from the Executive Director

The end of the year is approaching, which means celebrating the holidays, bringing in a new year, and starting fresh in 2023! For many of us, the holidays are an exciting time to spend with family, friends, and loved ones. For the young men at Hope's Path, it can be a whole different story. For many of our interns, the holiday season is a reminder of their turbulent upbringing in foster care. Instead of a time of joy, they may feel alone, unloved and sad during this season. That is where you come in as one of our faithful and loyal supporters of Hope's Path. There are many ways to help our interns feel special this holiday season. Please consider giving your time, talents, and treasures, this month and next, so that our young men can have a positive experience and see firsthand the love of Jesus through you!



Ideas:

Cook a holiday-themed meal; Drop off Christmas cookies and/or other holiday desserts; Come decorate Hope's Path with Christmas cheer; Set up Christmas lights around our home; Donate gift cards to Hope's Path so that we can distribute them as gifts; Bring a group out to sing Christmas Carols; Let us know if you have another idea!

Have a wonderful and blessed Thanksgiving! Thank you for taking the time to read our newsletter. If you have any questions, thoughts, or concerns, please do not hesitate to reach out to me directly!

God Bless,
Brandon Anderchuk
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Announcing New Partnership



Bibi Ladipo-Ajayi is the Founder and CEO of MyNOW Precision Therapy & Wellness PLLC. She specializes in partnering with adolescents, adults, married couples, and seniors to overcome issues with trauma, substance abuse, addictions, anxiety, depression, insomnia, life transitions, and relationship and family conflicts. Bibi is passionate about helping clients engage in the mindset renewal process and the mental, emotional, and spiritual shifts that are needed to break out of chronic toxic cycles. She is also a Certified Integrative Mental Health Professional committed to equipping her clients with preventative and precision healthcare tools that eliminate the trial-and-error cycle of treatments in traditional

healthcare settings.

I am excited as we move forward in our therapeutic approach that Hope's Path will view difficulties as opportunities for instruction and apply an established continuum of interventions. These interventions will range from attempting to relieve the pain and creating an ongoing culture of healing at Hope's Path. Relationships that are restorative and unconditional are key. Within this context, we will strive to identify each individual's unique gifts and strengths. When we shift our lens from viewing challenges as either compliant or non-compliant to seeing them as adaptations, we are challenged to be curious about what additional support we can provide our young adults living at Hope's Path. This added resource will provide opportunities for our interns to meet their needs, improve relationships, cultivate their strengths, develop self-control through emotional regulation, and learn new skills in a group setting or individual therapy. Thank you, Bibi for your loving heart. www.mynowwellness.com

#GIVINGTUESDAY™

Join the movement & give back



Giving Tuesday often described as a global day of giving or global generosity movement, is held each year on the Tuesday following Thanksgiving. This year, Giving Tuesday will be on November 29. We would like to encourage you to prayerfully consider supporting Hope's Path and donating to our Mission on this particular day. We are primarily funded through individual donors, and this is just yet another opportunity to make an impact on the Interns who call Hope's Path **HOME!**

Make a contribution today

[Donate Now](#)

